

Amendments to the Claims:

The listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1. (Original) A device for inhibiting melatonin suppressing light comprising: means for selectively blocking light having a wavelength capable of suppressing melatonin production in a human.
2. (Original) A device according to claim 1, wherein the means for selectively blocking light is an optical filter.
3. (Original) A device according to claim 2, comprising the optical filter which includes a polarizing layer.
4. (Currently amended) A device according to ~~any one of claims 1 to 3~~ claim 1, wherein the means for selectively blocking light is operable to substantially block light having a wavelength less than at or about 530 nm.
5. (Original) A device according to claim 4, wherein the means for selectively blocking light is operable to substantially block light having a wavelength of between at or about 470 nm and at or about 530nm.
6. (Original) A device according to claim 5, wherein the means for selectively blocking light is operable to substantially block light having a wavelength of between at or about 497 nm and at or about 530 nm.
7. (Original) A device according to claim 3, wherein the polarizing layer is a polarizing film.

8. (Currently amended) A device according to ~~any one of claims 1 to 7~~ claim 1, wherein the device further comprises an ultraviolet light absorber.
9. (Currently amended) A device according to ~~any one of claims 1 to 8~~ claim 1, comprising at least one of eyewear, a lightbulb, a light cover and a lens.
10. (Original) A lens operable by a user who is exposed to melatonin suppressing light at peak melatonin production times, the lens comprising an optical filter operable to selectively block light having a wavelength capable of suppressing melatonin production in a user.
11. (Original) A lens according to claim 10, wherein the lens is incorporated in eyewear.
12. (Original) A lens according to claim 11, wherein the eyewear is selected from the group consisting of spectacles, goggles, contact lenses and safety glasses.
13. (Original) A light device comprising an optical filter operable to selectively block light from the light device having a wavelength capable of suppressing melatonin production in a human.
14. (Original) A light device according to claim 13, wherein the light device is chosen from an incandescent light source, a fluorescent light source or any other artificial light source.
15. (Original) A light device according to claim 13, wherein the optical filter is a coating on at least one surface of the device.

16. (Original) A light cover for use with a light device, the cover comprising: an optical filter operable to selectively block light from the light device having a wavelength capable of suppressing melatonin production in a human, the cover being operable to releasably attach to the light source to channel the light emitted from the light source therethrough.

17. (Currently amended) The use of ~~an optical filter~~ a device according to claim 2, for the prevention or the suppression of melatonin production in a human, the filter being operable to selectively block light, having a wavelength capable of suppressing melatonin production, from reaching the retina in a human.

18. (Currently amended) The use of a device according to claim 1, for the prevention or the suppression of melatonin production in a human, the device being operable to selectively block light, having a wavelength capable of suppressing melatonin production, from reaching the retina in a human.